

MEN'S BODYBUILDING

MEN'S PHYSIQUE



FIGURE & BIKINI

WOMEN'S PHYSIQUE

IFPA PRO QUALIFIER
OCB BODYSCULPTING OPEN
February 7, 2015 – Hampton, VA

Notice: The product Dream Tan is not permitted at the contest site (inside or out). If caught competitor will be disqualified.

Location: The American Theatre, 125 E. Mellen Street, Hampton, VA 23663

Show times: Pre-judging: 10:00 am, Finals: 4:00pm

Divisions: Men's Bodybuilding: Novice (3 classes), Masters 60+, Masters 50+ (one class each), (PQ) Masters 40+ (2 classes), (PQ) Open (3 classes), Men's Physique: Novice (2 classes), 40+ (1 class), (PQ) Open (2 classes). Women's Bodybuilding: (1 class), Women's Physique: Novice (2 classes), 40+ (1 class), (PQ) Open (2 classes), Figure: Novice (3 classes), (PQ) Masters 40+ (two classes), (PQ) Open (3 classes). Bikini – Novice (3 classes), 40+ (1 class), (PQ) Open (3 classes).

Classes: Classes will split evenly by height in the manner specified in the OCB guidelines on theOCB.com.

Promoter reserves the right to add or drop classes based on number of entries.

Division Details: Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Open Divisions: Open to anyone regardless of age and level of experience.

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Masters division, if eligible, and also elect to crossover into the Open division and compete in it as well. Crossovers between Figure, Bikini and Women's Physique are not permitted.

Awards: Awards for top five placements in each class.

Entry Deadline: **January 31, 2015** for administrative and award purposes. Walk-in entries will not be accepted the day of the show.

Check-In: Check-in Friday, February 6th 2:00-9:00 pm at HOLIDAY INN EXPRESS, 1813 West Mercury Blvd., Hampton, VA 23666, or Saturday, February 7th 8:00-9:00 am at THE AMERICAN THEATRE (contest venue). If any competitor does not report for check-in prior to 9:00 am on Sat. he or she will be scratched from the show.

Contestant meeting: Saturday, February 7th at 9:00 am in the check-in room at THE AMERICAN THEATRE.

Fees: If entry received by or postmarked by November 15: Entry \$65. November 16- December 27th: Entry \$75. December 28th – January 31: Entry \$85. Crossover Entry \$50 per additional class. Walk-in entries will not be accepted the day of the event. OCB Membership \$65 (if not a current member). Polygraph Exam \$45 (payable to the examiner at the time of testing). **Fees non-refundable.**

Tickets: Prejudging: \$15 – General Seating. Kids 10 and under FREE (prejudging only). Evening Finals: \$30, \$25, or \$20 – assigned seating. Tickets can be purchased at: www.ticketmaster.com or charge by phone 1-800-745-3000 or any Ticketmaster Outlet. Tickets can also be purchased at the door the day of the event (**this event sold out last year**). Trainers Tickets: \$35 for those helping a competitor prepare backstage- one trainer max per competitor is permitted – trainer tickets are good for backstage access *only* at both show times. **Tickets non-refundable. Only cash or accepted day of the event.**

Drug Testing: Polygraph testing for all competitors \$45 to be paid in cash to the polygraph examiner at the time of testing. Photo identification required. Athletes will be contacted 1-2 weeks before the show to schedule appointments for testing. **ALL COMPETITORS WILL BE TESTED PRIOR TO STEPPING ON STAGE. All Pro Qualified athletes must submit to urine testing immediately after the show.**

Prejudging: The Prejudging portion of the event will consist of: Bodybuilding, Men's and Women's Physique, Figure and Bikini group comparisons.

Finals: The finals portion of the event will consist of: Bodybuilding and Women's Physique routines, Men's Physique, Figure and Bikini stage walks, awards presentations, and overall judging (for divisions that have more than one class). Due to the large number of competitors, all athletes will come on stage with class, but only the top 5 from each class will perform routines or stage walks. Bodybuilding and Women's Physique routines and Figure/Bikini/Men's Physique stage walks should last no more than 60 seconds. Competitors are to supply own music for Finals performances on CD with no profanity (if burning music to CD on a computer, please test it afterwards on a regular CD player to ensure it works outside the PC platform). Bring music to contestant meeting. Costume/props are permitted for Bodybuilding, and Men's/Woman's Physique and are **not** allowed for Figure or Bikini.

Professional Services Available for Purchase: OCB STAGE PHOTOGRAPHY: PhysiquePhotos.PhotoReflect.com – (623) 734-7599. SPRAY TANNING by Sun Resorts, call (757) 490-0490 for details and to schedule service.

Host Hotel: Holiday Inn Express, 1813 West Mercury Blvd., Hampton VA 23666. (757) 838-8484. When booking by phone use group block named "Body Sculpting Open" or go to www.kparrott.com for direct link for booking online.

Directions to The American Theatre: From Interstate 64: Take exit 268, turn left on Mallory St, turn right on Mellen St., The American Theatre is on the left.

Airports: Closest airports to contest site are Norfolk International (ORF) – 14 miles, Newport News Williamsburg International (PHF) – 15.5 miles, Richmond International (RIC) – 73 miles.

Payment: Send Entry Form and payments to: Kevin Parrott, C/O Xtreme Muscle Gym, 1415 N. King Street, Hampton, VA. 23669. Checks are only accepted through Jan. 23, 2015. Jan. 24 – 31st only money orders or credit cards are accepted.

Contact: Kevin Parrott, sculptyourbod@aol.com, (757)291-1115 for more information or questions.

Keep this page for your reference – www.naturalmusclenetwork.com



IFPA PRO QUALIFIER

OCB Body Sculpting Open

February 7, 2015 – Hampton, VA

ENTRY FORM

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.

I have read, understand, and agree to the above terms.

Name: _____ Date: _____

Signature: _____

If under 18, parent's name: _____

Parent's signature: _____

T- shirt size: Small Medium Large X-Large
 XX-Large

DIVISION(S) ENTERING *(check)*

Men's Bodybuilding	Men's Physique
<input type="checkbox"/> Grand Masters 60+ <input type="checkbox"/> Masters 50+ <input type="checkbox"/> Masters 40+ (PQ) <input type="checkbox"/> Novice <input type="checkbox"/> Open (PQ)	<input type="checkbox"/> Master 40+ <input type="checkbox"/> Novice <input type="checkbox"/> Open (PQ)
Women's Physique	Figure
<input type="checkbox"/> Master 40+ <input type="checkbox"/> Novice <input type="checkbox"/> Open (PQ)	<input type="checkbox"/> Masters 40+ (PQ) <input type="checkbox"/> Novice <input type="checkbox"/> Open (PQ)
Bikini	Women's Bodybuilding
<input type="checkbox"/> Novice <input type="checkbox"/> 40+ <input type="checkbox"/> Open (PQ)	<input type="checkbox"/> Open
Trainers Pass	Crossover
<input type="checkbox"/> \$35	write in division _____

Novice: Open only to those who have not placed 1st in any class besides Teen within any division in the same category (Ex. Figure) with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Eligibility is verified during polygraph testing.

Amount to Enclose with Entry Form:

If entry received by or postmarked **by** Nov.15: Entry \$65, Nov. 16 - Dec. 27: Entry \$75, Dec. 28 - Jan.31st: Entry \$85, Crossover Entry \$50 per additional class.
 Trainers Pass: \$35

Entry Fee: \$ _____

Crossover Fee(s): \$ _____

Trainer Pass: \$ _____

Total: \$ _____

Payment by *(check one)*:
 Check (Not accepted after Jan. 23, 2015).
 Money Order or Credit Card

Write Check To:
Kevin Parrott

Send To:
Xtreme Muscle Gym
1415 N. King Street
Hampton, VA 23669

If paying by credit card, complete below and fax to 757-221-8086 or mail to above address.

If paying with Visa/MasterCard (4% convenience fee added): Circle one: Visa or MasterCard
 Name on card: _____ 3 Digit security code: _____ (on back of card)
 Card#: _____ - _____ - _____ Exp Date: _____
 Signature authorizing billing: _____ Today's Date: _____