

MEN'S BODYBUILDING

MEN'S PHYSIQUE



FIGURE & BIKINI

WOMEN'S PHYSIQUE

NATIONAL SHOW AND OCB PRO QUALIFIER

OCB BODY SCULPTING OPEN

February 18, 2017 – Hampton, VA

Notice: The product Dream Tan is not permitted at the contest site (inside or out). If caught competitor will be disqualified.

Location: The American Theatre, 125 E. Mellen Street, Hampton, VA 23663

Show times:

Men's Division (Men's Bodybuilding & Men's Physique): **10:00 am**

All men's division group comparisons will be done followed by a 15 minute intermission, then individual presentations and awards.

Women's Division (Figure, Bikini, & Women's Physique): **4:00 pm**

All women's division group comparisons will be done followed by a 15 minute intermission, then individual presentations and awards.

Divisions: Men's Bodybuilding: Novice (2 classes), Masters 60+, Masters 50+ (one class each), (PQ) Masters 40+ (2 classes), (PQ) Open (3 classes), Men's Physique: Novice (3 classes), 40+ (1 class), (PQ) Open (4 classes). Physically Challenged (1class). Women's Physique: Novice (1 classes), 40+ (1 class), (PQ) Open (2 classes), Figure: Novice (3 classes), (PQ) Masters 40+ (2 classes), (PQ) Open (4 classes). Bikini – Novice (4 classes), 40+ (1 class), (PQ) Open (4 classes).

Classes: Classes will split evenly by height in the manner specified in the OCB guidelines. *Promoter reserves the right to add or drop classes based on number of entries.*

Division Details: Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Open Divisions: Open to anyone regardless of age and level of experience.

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Masters division, if eligible, and also elect to crossover into the Open division and compete in it as well. **Crossovers between Figure, Bikini and Women's Physique are not permitted. Crossovers between Men's Physique and Bodybuilding are also not permitted.**

Awards: Awards for top five placements in each class. Overall awards given in divisions with more than one class

Entry Deadline: February 11, 2017 for administrative and award purposes. Walk-in entries will not be accepted the day of the show

Check-In: Check-in Friday, February 17th 2:00-9:00 pm at HOLIDAY INN EXPRESS, 1813 West Mercury Blvd., Hampton, VA 23666, or Saturday, February 18th 8:30-9:30 am at THE AMERICAN THEATRE (contest venue). If any competitor does not report for check-in prior to 9:30 am on Sat. he or she will be scratched from the show.

Contestant meeting: There will be no meeting. Music will be collected and numbers will be handed out at check-in.

Fees: If entry received by or postmarked by November 1: Entry \$65. November 2- December 1st: Entry \$75. December 2nd – February 11th: Entry \$85. Crossover Entry \$50 per additional class. Walk-in entries will not be accepted the day of the event. Polygraph Exam \$45 (payable to the examiner at the time of testing). OCB Membership must be purchased in advance by 2/12/17 at www.OCBonline.com. A current OCB membership number will be required at registration. **Fees non-refundable.**

Tickets: Men's Show \$30, Women's Show \$30, Combo ticket (both shows) \$45. Kids 12-6 \$15. Kids 5 and under FREE if sitting on adult's lap (limited seating). Tickets can be purchased at: www.ticketmaster.com or charge by phone 1-800-745-3000 or any Ticketmaster Outlet. Tickets can also be purchased at the door the day of the event (**cash only**). Trainers Tickets: \$50 for those helping a competitor prepare backstage- one trainer max per competitor is permitted – trainer tickets are good for backstage access *only*. **Tickets non-refundable. Only cash or accepted day of the event.**

Drug Testing: Polygraph testing for all competitors \$45 to be paid in cash to the polygraph examiner at the time of testing. Photo identification required. Athletes will be sent a link via email at least two weeks prior to the contest to register for the poly on line. ALL COMPETITORS WILL BE TESTED PRIOR TO STEPPING ON STAGE. **All Pro Qualified athletes must submit to urine testing immediately after the show.**

Music: Competitors are to supply own music for individual presentations on CD with no profanity (if burning music to CD on a computer, please test it afterwards on a regular CD player to ensure it works outside the PC platform). Bring music to check-in on Friday. Costumes/props are permitted for Bodybuilding, and Men's/Women's Physique and **are not** allowed for Figure and Bikini.

Professional Services Available for Purchase: OCB STAGE PHOTOGRAPHY: PhysiquePhotos.PhotoReflect.com (623) 734-7599. SPRAY TANNING by Sun Resorts, (757) 490-0490 for details and to schedule service. Direct link for booking online - <http://sunresortstanning.simplybook.me>. HAIR AND MAKE-UP by Glamour Gainzzz, (757)254-8296 or ggproforyou@gmail.com.

Host Hotel: Holiday Inn Express, 1813 West Mercury Blvd., Hampton VA 23666. (757) 838-8484. Group block is named "BSO".

Directions to The American Theatre: From Interstate 64: Take exit 268, turn left on Mallory St, turn right on Mellen St., The American Theatre is on the left.

Airports: Closest airports to contest site are Norfolk International (ORF) – 14 miles, Newport News Williamsburg International (PHF) – 15.5 miles, Richmond International (RIC) – 73 miles.

Payment: Send Entry Form and payments to: Kevin Parrott, C/O Xtreme Muscle Gym, 1415 N. King Street, Hampton, VA. 23669. Checks are only accepted through Feb. 3, 2017. Feb. 4 – 11th only money orders or credit cards are accepted.

Contact: Kevin Parrott, sculptyourbod76@gmail.com, (757)291-1115 for more information or questions.

